This is the Day by Robert Peprah-Gyamfi

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it. 1 Corinthians 10:13 (KJV)

The first-year student at the university is not called upon to write the papers meant for the final year.

A junior doctor aspiring to become a surgeon who has only a few weeks of training behind him/her is not called upon to perform complicated heart surgery.

Abraham was not asked to sacrifice Isaac in the first year of his studies in the Divine University of Trials and Afflictions.

When I was growing up in my little village, I and my six other siblings had to help our parents on the farm. Not only did we perform duties such as planting and harvesting crops such cocoa, maize, yams; we also helped, by carrying on our heads, items harvested on the farm on a particular day.

Our parents assigned us the loads based on our respective age and physical fitness. Our youngest sister, Afia for example, was not made to carry the load someone like myself, ten years her senior, was expected to be capable of carrying. It came down in the end to "everyone according to his or her ability."

Dear Christian friend battling with troubles, difficulties, yes, who might be tempted to sink in self-pity as a result of the obstacles and impediments, I do sympathize with you. But the good news is that our Lord has promised us that we will not be allowed to be tempted beyond what we can bear. He will, in His own time, definitely come your way to end your troubles. Indeed, soon, very soon, your trials and afflictions, the challenges threatening to break your neck, will be over; so gather strength of spirit to carry on the fight.

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